



Volunteer Trainee Counsellor This is a fantastic opportunity for a trainee counsellor to join Castle & Coast Therapies CIC, delivering counselling support across Cornwall. We currently deliver face-to-face in Launceston and Bude and online and telephone across the county. If you have or are about to complete the second year of your Level 4 counselling qualification, this is great place to start or continue with you 100 placement hours. You will be supported and mentored throughout your journey with us and provided with suitable CPD opportunities. We can also arrange supervision in-house if needed.	Industry Counselling, CIC Employment Type Volunteer Job Functions Trainee Counsellor Job Reference: CCTTC
Our vision: <i>"To create a community where everyone has equal access to essential mental health support, regardless of their financial situation. Castle & Coast Therapies aspires to reduce the burden on NHS counselling services by providing accessible, low-cost counselling, fostering emotional well-being, and ensuring that no individual in Cornwall is denied the help they need due to financial constraints"</i>	
Key qualification, skills and experience • Be working towards or in the final year of a recognised Level 4 Diploma in Counselling • Level 3 Certificate in Counselling • Level 2 Certificate in Counselling • Be signed off as fit to practice by your tutor • Be a student member of a professional body such as the BACP or NCS • Have access to a supervisor who can offer supervision within BACP requirements	

- Be familiar with the BACP Ethical Framework
- Have excellent communication skills
- Have excellent active listening skills
- Be enthusiastic and motivated and passionate to make a difference
- Be flexible and pro-active in your approach
- Be a team player and also have the ability to work on own initiative
- Positive attitude to equality and diversity
- Organised and methodical approach to administration and record keeping.
- Be able to commit to volunteering for one year

How to apply

Please visit our website <https://castleandcoasttherapies.org.uk/news-and-events/> you will find the job description and person specification. Complete the online application form and submit to Coordinator@castleandcoasttherapies.org.uk , detailing your experience and highlighting the skills and attributes you would bring to the role.

Additional information

For an informal discussion to find out more about the role then please contact Lucy Muldowney, Castle & Coast Therapies CIC Manager & DSL
Coordinator@castleandcoasttherapies.org.uk.

Closing date for applications is Friday 25th September 2026.

Castle & Coast Therapies CIC is committed to safeguarding and promoting the welfare of clients and expects all volunteers to share this commitment. The successful candidate(s) will be subject to a Disclosure and Barring Service (**DBS**) check. We are committed to creating an inclusive working environment, where diversity is valued and there is equality of opportunity. We therefore welcome applications from all sections of the community.

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